



Second Generation Thrift Shoppe

Special points of interest:

- * Wally's Fund Raiser
- * Tips to Beat the Heat
- * Special Sales
- * A Word from Kelsi
- * Unique Sec Gen Finds
- * Recipe

Half Price Sales

7/07 – 7/20 White
 7/21 – 8/03 Blue
 8/04 – 8/17 Pink
 8/18 – 8/31 White

25¢ SALES

7/07 & 7/08 Pink
 7/21 & 7/22 White
 8/04 & 8/05 Blue
 8/18 & 8/19 Pink

Join us at

Greenland Summer Fun and Jason's Run Saturday July 17th all day at the "Green"



>Greenland, NH 03840
 9 Tide Mill Road
 603 436-4989

>Rochester, NH 03867
 25 Old Dover Road
 603 994-1500

>Seabrook, NH 03874
 779 Lafayette Road
 603 468-3700

What's Happening???



WALLY'S PUB FUNDRAISER

On Sunday, June 27, Wally's Pub of Hampton Beach held its 1st Annual Bike Run to benefit Second Generation. The event was organized by Erin Sullivan of Wally's and it included a free breakfast, a clothing drive, a motorcycle ride, raffles and live music by Walking Boss.

It was a beautiful day at the beach and 12 motorcycles went out on the bike run. Gail Contant, lead associate of Second Generation, Seabrook was at the event to pass out flyers, accept donations, and sell raffle tickets. Sec Gen received a cash donation and a clothing donation of 15 bags and boxes. Wally's Pub plans to make this an annual event. At big thank you goes to Wally's staff and patrons! We will see you next year, if not sooner!



July/August 2010

TIPS TO BEAT THE SUMMER HEAT!

1. Keep the sun out
Mid-day sun is a killer. Be sure to keep the shades drawn from a round 11-2.
2. Wear cotton
Cotton takes perspiration away from the skin leaving you drier and more comfortable.
3. Cool showers and baths
Running cold water over wrists (or any other pulse pt.) for a few minutes at a time cools you down.
4. Swimming
Works all major muscle groups while maintaining a lower body temp.
5. Wear a hat!
Purchase cool hats at Second Generation Thrift Shoppes in Greenland, Rochester or Seabrook.
6. Try shopping for clothing! Check out the Second Generation air conditioned shoppes to Chill out!

SPECIAL SALES

Look for our annual summer bag sale coming soon in all three shoppes! Watch your email for the date! The Greenland shoppe sale will include winter

items Under the tents!
 Think BACK TO SCHOOL



Look for Senior Discount Day coming in September!! Special savings for Senior citizens!

Your donations help support:



P O Box 676
568 Portsmouth Avenue
Greenland, NH 03840

Phone/Fax: 603 436-4989
Kelsi Deters-McCarthy
Executive Director
E-mail: kdeters-mccarthy@newgennh.org

Shelter for pregnant and parenting women since 1987.

OUR MISSION

We provide a **safe, family-oriented** shelter for homeless pregnant women and their babies, helping to prepare and **empower** them to be successful in **life**.



Greetings and Happy Summer Days to our Second Generation Supporters,

These long hot days are what we have been waiting for, right? Time to go the beach, play with the kids and go for some "retail therapy" as Janet and I like to call it. Who doesn't like poking around looking for that special something? When I get a chance, I enjoy visiting a shoppe and finding some new 'gently used' items and visiting with customers and the staff. It is also a great place for two of our current residents to volunteer as well as a former resident to give support to.

So when you are in the Greenland shoppe, and you see a lovely pregnant woman sorting clothes, dusting or learning about customer service, you will know she is living with us. She is getting lots of support, parenting education and is on track to be another of the mothers who deliver **a healthy, full-term baby into the world**.

I hope you stay cool and enjoy your summer.

*Kelsi Deters-McCarthy
Executive Director*

Unique Second Gen Finds

Denise Hites Gel Candles

Denise Hites buys glasses and vases from the Second Generation and makes candles with them.

This one in the photo has sand and shells from Hampton Beach.



Summer Recipe (Allrecipes.com)

Gourmet Root Beer Float

Ingredients

- 1/2 pint vanilla ice cream
- 1 (12 fluid ounce) can or bottle root beer
- 1/2 cup whipped cream
- 4 maraschino cherries

Directions

Place 1 scoop of ice cream into each of two tall glasses. Pour root beer carefully over the ice cream. Add another scoop and repeat.
If possible, repeat again.

Nutritional Information

Amount Per Serving Calories: 263 | Total Fat: 10.6g | Cholesterol: 40mg



We're on the web! www.newgennh.org